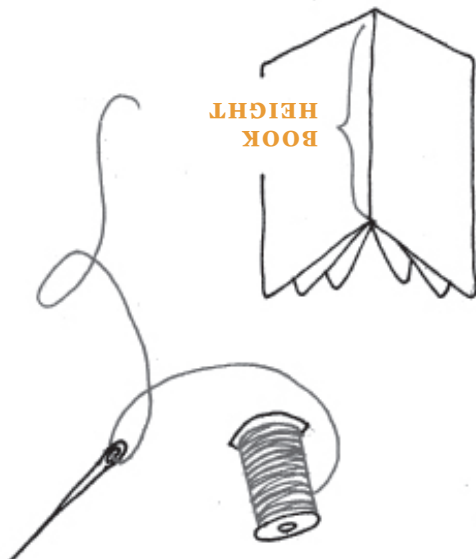


6

Cut a length of thread about 3 times the height of the book (head to tail).



8

Sew from the outside to the inside on the 3rd station, coming back out through the last (4th) station, leaving a 3 inch tail.



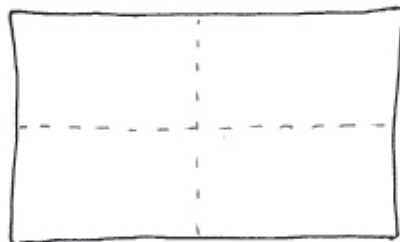
7

Sew the first gathering from the outside to the inside through the 1st hole, or station.

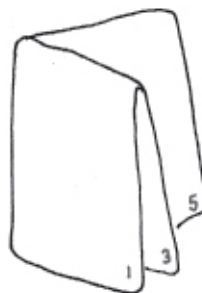
## Folding and Sewing a Quarto

IN EIGHT'S WITH THREE GATHERINGS

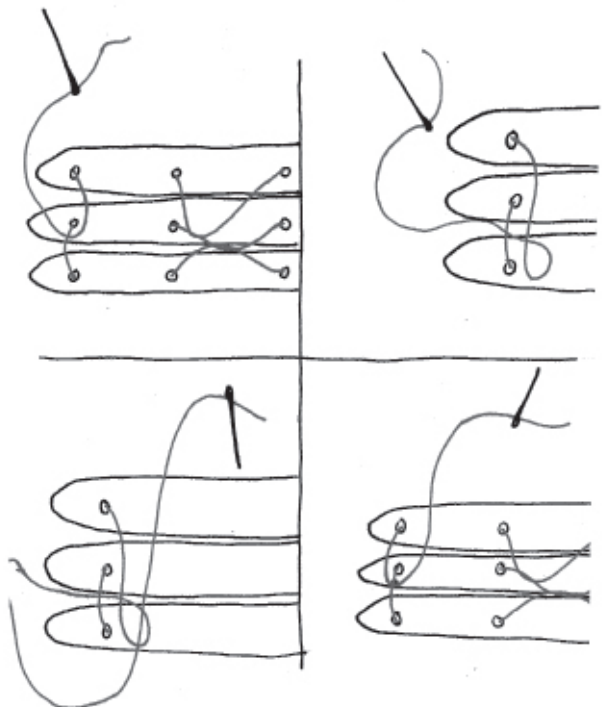
1 Fold one sheet twice to make a quarto.



2 Repeat until you have 6 quartos.



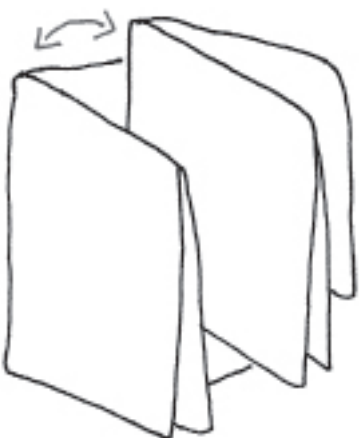
13 At the end of the 3rd gathering, secure with a kettle stitch. Push the needle between the 1st and 2nd signatures and to the right of the final station thread.



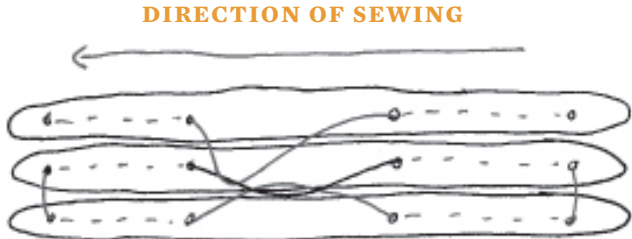
14 Pull the thread through in the sewing direction to create a small loop.

15 Pass the needle through the loop from underneath and pull to tighten.

**3** Nest 2 quartos to form a gathering, or **quire**. This is called a **quarto in eight's**.

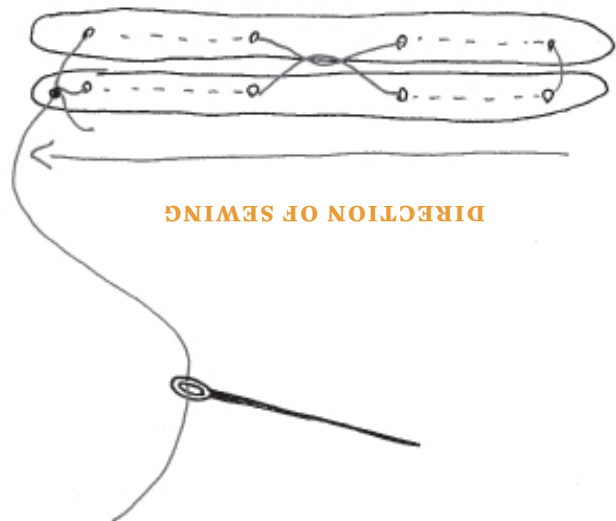


**12** Loop your stitching through the thread segment from the **2nd gathering only**.



**11** Add the **3rd gathering**. Sew through the first gathering from the outside to the inside through the 1st station and come out the 2nd station.

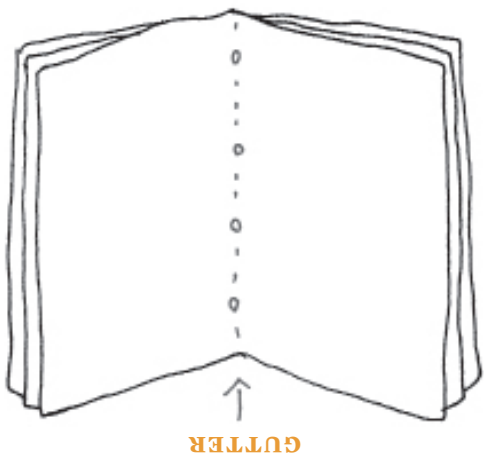
**9** Place the second gathering on top of the first. Sewing in the opposite direction, sew through the 4th station **from the outside**.



In between the 3rd and 2nd stations, loop the sewing under the exposed thread segment from the first gathering. At the end of the 1st station, tie a **square knot** with the tail thread of the 1st gathering.

**10**

**7** Repeat for **all gatherings**, making sure the holes line up throughout.



**4** Punch an **even number** of holes along the gutter of all your gatherings.